



## ***Blueberry Mint Julep***

Chef Joshua Smith, Co-owner Barred Owl Butcher & Table

### ***Ingredients***

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¼ cup fresh blueberries  
1 tablespoon sugar  
12 fresh mint leaves, plus  
additional for garnish

3 ounces high-quality bourbon  
or rye whiskey  
crushed ice

### ***Directions***

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Muddle blueberries, sugar and mint in a tall glass. Add bourbon, top with crushed ice and stir well. Garnish with fresh mint.